

Shopping List Week of April 5	
Vegetables	
7 carrots	0.75
2 limes	0.5
2 potatoes	0.3
2 zucchini	0.79
3 leeks	1.25
12 cloves garlic	0.55
1 lb orange sweet potato	1.45
3 bunches basil	3
1 onion, chopped	0.32
1 bunch green onions	0.35
Canned Goods	
2 1/2 cups chicken broth/stock	2.85
Dairy	
1 cup grated Parmesan Cheese	2.79
4 TB butter	0.95
8 eggs	1.33
1 cup ricotta cheese	1.25
1 cup heavy cream	1.64
1/2 cup yogurt	0.43
1/4 cup shredded cheese	0.88
Meat	
2 chicken breasts	4.5
Grains	
8 oz. pasta of your choice	0.65
4 TB all purpose flour	0.08
Condiments/Oils/Spices	
2 cups olive oil	6.72
2 TB oregano	1.26
Frozen	
8 oz. fresh or frozen green beans	0.62
Other	
1/2 cup walnuts	1.19
1 9 oz. package won ton wrappers	2.49
TOTAL	38.89